



KISS THE FROG
— NOW —

IT'S FRIDAY, Love To Innovate

Recently, more companies are starting to look for ways to improve employee retention, such as aiming to create a positive and creative work environment and effectively developing social policies. An amazing method for encouraging an optimistic mood amongst your team is taking the time for a break, some fun and unwinding with KissTheFrogNOW on a Friday. Choose varying activities for each week, tailoring the sessions to your group's size, specifics, and any time constraints. Benefits from such sessions include not only leisure and relaxation but also getting to know one's teammates better and encouraging the team spirit.

KissTheFrogNOW Canvas Design

14.00 – 14.20 **CARD №4** from TeamGames
The activity is carried out according to instructions.

14.20 – 14.40 **CARD №15** from TeamGames
The activity is carried out according to instructions.

14.40 – 15.10 **CARD** from PersonalQuestions
This activity is conducted by participants drawing a random card while sitting in a circle twice in a roll. Everyone should answer the question on their card, return it to the other card on the ground and then repeat that one more time.

15.10 – 15.30 **CARD №28** from TeamGames
The activity is carried out according to instructions.

15.30 – 15.50 **CARD №26** from TeamGames
The activity is carried out according to instructions.

15.50 – 16.00 Reflection session

TIME REQUIRED

2 hours

GROUP SIZE

- up to 10 people

GROUP STATE

- participants are familiar with each other
- participants are partially familiar with each other

THE GAME BENEFITS

- Getting to know
- Bringing together
- Communicative skills
- Creativity and Innovation
- Concentration

MATERIALS NEEDED

paper for each group, crayons or coloured pencils, a big sheet of paper, scissors and scotch tape

WICH DECKS ARE USED

- TeamGames
- PersonalQuestions

KEY WORDS

Friday fun

TIPS&TRICKS



WHERE?

It is recommended that you make sure the team activities are going to be conducted in a room different than the workplace. You could use a training room or a bigger meeting room. You should preferably have enough room to work in groups and carry out the games that include movement. In favorable weather conditions, you could conduct the activities outside as well.



SHARING IN A CIRCLE

Regardless if you are working with the whole group or you have been separated in smaller groups, favor the circle arrangement. Sitting in a circle is going to facilitate trust and transparency.



REFLECTION

Take 15-20 minutes for sharing and reflection with everyone at the end of the day, after the activities have ended. The facilitator can use some of the following questions: What did today's experience give you?, What was the biggest surprise? Which activities contributed the most to yourself and the team? How are you feeling right now? What did you learn today? Does anything come to mind that you could do with or for your team?